

Frederick County Office for Children and Families

Home of the Frederick County Local Management Board



MISSION:

To Partner with the Community to Facilitate an Interagency System which Results in an Environment Where Children and Families can **Thrive**, are **Safe, Healthy** and **Responsible Citizens**

MANDATE:

LMBs are mandated in every Maryland jurisdiction.
Established by Article 49D in 1989 and
Governor Ehrlich's HB 1386 in 2005.




Composition of a Local Management Board (LMB)

- Board Members
- Community Partners
 - LMB staff

The staff of the Frederick County LMB is the Office for Children and Families.



Core Functions of a Local Management Board

- Conduct comprehensive, child and family-focused **Community Needs Assessments**
 - Develop and implement a data-driven **Strategic Plan**
 - Design and implement strategies to achieve **clearly defined results** for children and families from 0-21 or “from conception to college or career”
 - Negotiation of funding contracts with state grantors
 - Facilitate and manage contracts with community providers for funded services
 - Ensure that all subcontracted services meet mandates, performance requirements and standards for fiscal accountability
- 

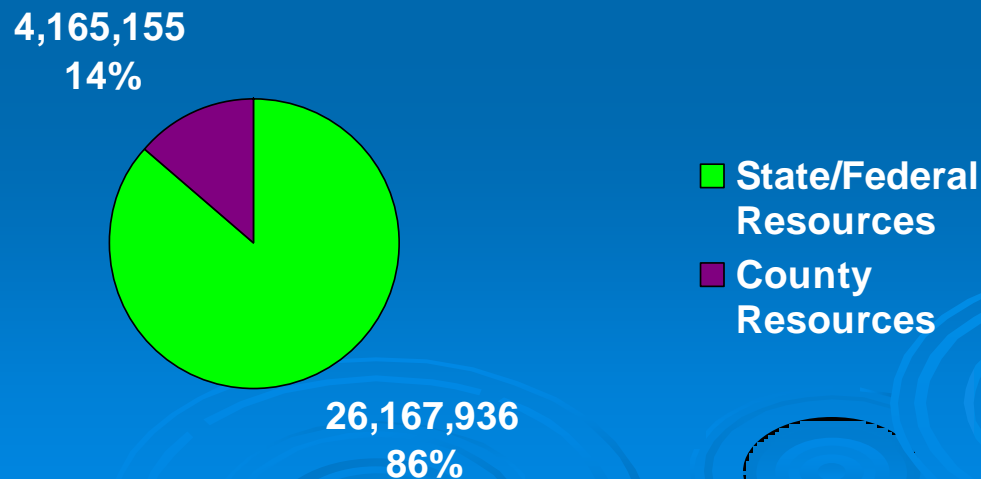
LMB Core Functions Continued

- Prioritize **prevention and early intervention initiatives** which target children and families at highest risk for negative outcomes
- Monitor the county's progress on the **State of Maryland's Child Well-Being Results and Indicators**
- Facilitate **interagency collaborations** to address identified community needs, promote the exchange of information and sharing of resources and eliminate duplication of services
- Serve as the established local conduit for Children's Cabinet Interagency Funds and other state funding. All state funding currently managed through OCF/the LMB can **only** be issued to a Local Board

For more information regarding LMB responsibilities, reporting requirements and accountability standards please see the State of Maryland Policies and Procedures Manual for Local Management Boards at <http://goc.maryland.gov/PDF/LMB%20Manual%20July%202011.pdf>

Since the 1999 Board of County Commissioner's establishment of the Frederick County Local Management Board and the Frederick County Office for Children and Families, the LMB/OCF has...

Designed, implemented and successfully managed over **\$30 million** in grant-funded services to over **27,000 children, youth and families** who were identified to be at-risk of negative outcomes



The **Office for Children and Families** is responsible for executing all operations of the Frederick County LMB.

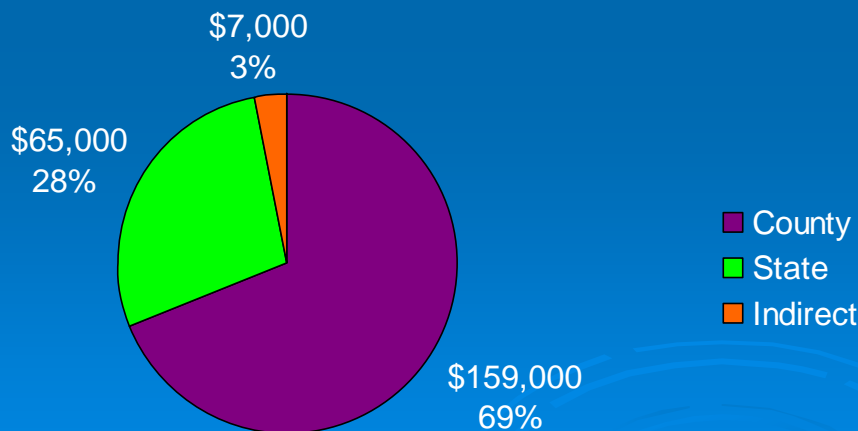
The Office for Children and Families currently consists of 3 staff:

Director
Fiscal Manager
Evaluation Coordinator



Core Responsibilities of The Office for Children and Families

- Contract Execution/Implementation with State Funders and Local Providers
- Fiscal and Programmatic Monitoring of All Contracted Services
- Evaluation Design and Implementation
- Data Collection and Reporting
- Technical Assistance to Contracted Providers
- Staffing to LMB and LMB Subcommittees
- Active Participation in/ Coordination of Local Children and Family Initiatives
- Design, Data Collection and Analysis for Community Needs Assessment
- Assure Internal and External Compliance with All Funder Requirements



Our Community-Wide Efforts have Resulted in:

Babies Born Healthy/Normal Birth Weight

Reductions of Child Abuse and Neglect

Healthy Children who are Developing On-Target

Children Entering Kindergarten Ready to Learn

Youth who Routinely Attend School

Youth who Complete High School

Youth who are Free from Legal Involvement

Youth who Receive Community-Based Services in lieu of
Costly Out-of-Home Placements

Youth who Enter Young Adulthood Ready for
College, Career and Responsibility



FY11 LMB Programs	# Served	FY11 Budget	Funding Source
Family Preservation	96	\$471,559	State/DHR - 100%
Health-E Kids: Dental	776	\$19,140	County – 100%
Mental Health	76	\$19,419	County – 100%
Prenatal Care	310	\$13,621	County – 100%
Healthy Families	68	\$339,456	State/MSDE - 88% County – 12%
Mobile Crisis	52	\$45,000	County – 100%
Multisystemic Therapy	21	\$180,000	State/GOC – 79% State/DJS – 21%
Out of School	194	\$228,326	State/GOC – 59% County – 41%
Single Point of Access	6623	\$98,483	State/GOC – 100%
Systems Navigation	138	\$68,136	State/GOC – 100%
TOTALS:	8354	\$1,483,140	

Average cost per child for intensive services = \$857

Average cost per child, including 24/7 resource and referral = \$178

Healthy Families Frederick

- Intensive Home Visiting Program with Extensive Evidence-Base *
- Nationally Recognized and Implemented
- Services Initiated Prenatally or at Birth
- Proven Effective In:
 - Reducing Child Abuse and Neglect
 - Reducing Infant Mortality
 - Promoting Family Self-Sufficiency
 - Linkage to Prenatal Care for Pregnant Women and Avoidance of Substance Abuse During Pregnancy
 - Promoting Babies Born Healthy and of Normal Birth Weight
 - Ensuring that Children are Meeting Developmental Milestones
 - Ensuring that Children Enter Kindergarten Healthy, Safe and Ready to Learn



* Research conducted by Columbia University College of Physicians and Surgeons; Tufts University; Princeton University

Healthy Families Frederick Continued

- National Credentialed by Prevent Child Abuse America in FY04 and FY09
- Active Advisory Board with Multiple Community Partners
- MOUs in Place with Community Agencies to Ensure that First-Time Families at Highest-Risk for Negative Outcomes are Referred
- FY11 Outcome Highlights:
 - Served 68 Children and 71 Families
 - 99% of Children did not Experience Involvement with CPS
 - 100% of Children were Linked with a Medical Provider
 - 100% of Children Current with Immunizations
 - 100% of Women Receiving Services Prenatally Delivered Babies of Normal Birth Weight
 - 100% of Children with a Suspected Developmental Delay were Linked to Services



Total Grant Award = \$339,456
(-15,537 County Indirect)
12% County Funds; 88% State Funds
Total Cost Per Participant = \$4562

Health-E Kids Program

Developed in 2007 in response to the Local Management Board's
Community Needs Assessment which identified access to

Prenatal Care
Dental Care
Mental Health Care

as urgent - and unmet - community needs.



Health-E Kids: Dental Care

Provided Dental Services to 776 Children

Provided Oral Health Education Sessions to 445 Children

94% of Families were Satisfied with the Dental Services Received

Impact of Children Not Receiving Dental Care

- According to the US Surgeon General, tooth Decay is most common childhood chronic illness.
- Oral disease in children causes:



Ear and Sinus Infections
Susceptibility to Illness
Risk of Diabetes
Risk of Heart and Lung Disease

Total Grant Award = \$19,140
100% County Funds
Total Cost Per Child = \$25
(\$16 per child, including Oral
Health Sessions)

Health-E Kids: Mental Health Care

Provided Services to 67 Children and Families

100% of Families Indicated Satisfaction with the Mental Health Services Received

100% of Families Reported Effectiveness in Identifying and Receiving Needed Supports

Impact of Children Not Receiving Mental Health Care

According to the National Alliance on Mental Illness (NAMI), untreated mental health issues in children and youth causes:



Academic, Social and Legal Problems

Risk of Substance Abuse

Risk of Family Instability

Risk of Suicide

More Severe and Difficult-to-Treat

Adult Mental Illness

Higher Health Costs in Adulthood

Higher Rates of Unemployment

Total Grant Award = \$19,419

100% County Funds

Total Cost Per Child = \$290

Health-E Kids: Mental Health currently provided by the Mental Health Association via an FY10 contract award

Health-E Kids: Prenatal Care

Provided Services to 310 Expectant Mothers

97% of Expectant Mothers who Received at least 8 Prenatal Visits

Delivered Babies of Healthy Birth Weight

97% of Expectant Mothers Indicated Satisfaction with Prenatal Care Received

Impact of Children Not Receiving Prenatal Care

According to the U.S. Department of Health and Human Services, Maternal And Child Health Bureau, Children who do not receive Prenatal Care are:



3x More Likely to Be Born at Low Birth Weight

5x More likely to Die

More Likely to be Exposed to Nicotine and Alcohol During Pregnancy

More Likely to be Exposed to Illegal Drugs During Pregnancy

More Likely to be Born with Unanticipated Complications & Health Concerns which may Become Disabling

Total Cost = \$13,621

100% County Funds

Total Cost Per Participant = \$44

Health-E Kids: Prenatal Care currently provided by the Prenatal Clinic at Frederick Memorial Hospital via an FY10 contract award

Out of School Time Programs

- Locally-Driven Program Based on National Research
- Daily After School Programming in 5 Prioritized Middle Schools
- FY12 Summer Program in Partnership with Frederick High School
- At Least 50% of Youth Referred due to Academic, Social and/or Legal Concerns
- Proven Effective in:
 - Decreasing Anti-Social Behaviors
 - Decreasing Alcohol and Illegal Drug Abuse
 - Improving Academic Performance
 - Improving School Attendance
 - Increasing Resistance to Gang Involvement
 - Increasing Community Connection and Service



Research conducted by the High/Scope Educational Research Foundation, Harvard Family Research Project and the Forum for Youth Investment

Out of School Time Programs Continued

- **FY11 Outcome Highlights**

After School Component:

- Served 194 Middle School Youth
- 100% of Middle School Principals Indicated Satisfaction with Program Quality
- 100% of Parents Indicated Satisfaction with Program Quality
- 100% of Youth Did Not Experience School Expulsion
- 100% of Youth Did Not Experience New Involvement with the Department of Juvenile Services
- 92% of Youth Did Not Experience School Suspension
- 89% of Youth Reported that Participating in the Program Helped Them Stay Away From Drugs



Total Grant Award = \$228,326
41% County Funds; 59% State Funds
Total Cost Per Youth = \$1177

Out of School Time Programs currently provided by the Boys and Girls Club of Frederick County via an FY10 contract award

Children's Mobile Crisis

Provided On-Site Crisis Services to 52 Youth and Families
100% of Families Rated Crisis Services as Good or Excellent
Over 70% of Youth Able to Remain in Home After Crisis

Impact of Children Not Receiving Mobile Crisis Care



Use of Emergency Room
Psychiatric Hospitalization
Legal Involvement
Danger to Self and Others

Maximum Available = \$45,000
100% County Funds
Total Cost Per Child = \$ 350-\$450

Children's Mobile Crisis represents an active collaboration between mental health providers, law enforcement, 2-1-1 and community agencies.

Specially trained mental health professionals are available to respond to pre-screened crisis calls 24 hours per day/7 days per week.

Children's Mobile Crisis currently provided by Way Station, Inc. via an FY09 contract award

LMB / OCF – A Solid Value

In FY11, programs administered through the LMB/OCF met or exceeded an overall average of **94%** of established goals

LMB Programs are:

- High-performing
- Research-based
- Delivered in the community
- Fiscally efficient
- Enhanced by in-kind funds, time and resources
- Locally designed, implemented and controlled
- Utilized by contracted providers to leverage additional federal, state and private resources to benefit children and families

LMB / OCF – A Sound Investment

- Frederick County LMB is an active embodiment of a public-private partnership, with over 67 members represented on the LMB or a subcommittee
- LMB programs are responsibly procured, fiscally monitored and intensely evaluated
- LMB programs are designed to prevent negative outcomes and costly “after-the-fact” treatments

Average annual cost per at-risk child for intensive LMB programming = **\$857**

Average annual cost for residential treatment center = \$99,305

Average annual cost for therapeutic group home = \$75,804

Average annual cost for secured juvenile detention = \$43,000

- LMB programs are a solid tax-payer investment into the well-being of children **and** preserving a high-quality of life in Frederick County